



## Brussel Sprouts and Cottage Cheese

**Tuesday, March 18, 2008**

Are there any brussel sprouts fans out there? What about cottage cheese?

Brussel sprouts are something that I have always kind of liked, but never ate frequently. No one in my family is crazy about them, and Steve has bad memories involving brussel sprouts (being forced to eat them). I think perhaps the first time I had them, they were prepared well and I had a positive experience.

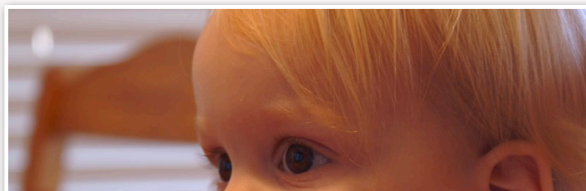
Now cottage cheese, I will honestly admit, I love it! I don't even know what it is but I really like it! I love to eat it plain, or with some canned peaches, or with yogurt. Strange? Perhaps, but that's who I am. In China we can't get cottage cheese. I did have a friend tell me how to make my own, but Steve was not into the idea of me making our own cottage cheese (he is also not a fan of cottage cheese, to put it mildly). So, when we travel to Hong Kong, cottage cheese is one of the top things on my list of 'foods to enjoy while in Hong Kong'.

Steve doesn't have very many foods that he doesn't like. He has somewhat of an open mind when it comes to trying new things, but brussel sprouts and cottage cheese are the two items that he most passionately dislikes.

The girls have had cottage cheese, but were never extremely excited to eat it. Until this week. I decided this week, while Steve was out of town, I would introduce the girls to some foods that I enjoy, which Steve does not. They both tried the brussel sprouts and honestly did give them a fare try. I am not sure if the following picture of Anna & the brussel sprout was a piece on the way in or on the way back out. They both got 1 piece down, and that was all I was asking.

Now the cottage cheese is another story. Both girls have decided that they too love it! I frequently eat some for lunch and Anna will just ask me to spoon it in to her mouth and that is very untypical of her, as she insists on doing things for herself.

I am going to have to start preparing Anna her own serving of cottage cheese, but I think the brussel sprouts were indeed a no go!





Steve took a road trip to Kansas last week. He went to visit with some friends, and I think he really enjoyed the quiet 7 hour drive. The girls (and me) missed him like crazy. It is tough when he is not around... makes our 3 kids seem like a lot more! Thankfully my mom got back from Italy before he left and came during the day to help out! I didn't tell the girls when he was getting home, and so after they finished bath time Friday night I told them someone special was coming over. When I knew he was close by I had them go sit on the stairs to wait. They were so excited to see daddy walk in the door. Needless to say it was a late night getting to bed.



Wow, that was a really random post! Anyone hungry? ha!

1 Comment 

[Steve](#) 

I get nauseous just thinking about that meal... glad I missed it!

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